

**In the Abstract:**

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**ABSTRACT OF THE DISCLOSURE**

The cleaning-friendly article, such as a household kitchen appliance, which is suitable for heating food and/or directly connected with this unit, has a suitable long-lasting or permanent easily cleaned coating on its surfaces that are accessible to dirt. In order to provide this easily cleaned coating a mixture is applied to these surfaces, which contains a hydrolyzable, network-forming gel and a hydrophobic substance. The gel is preferably formed from metal oxides, such as  $\text{SiO}_2$ ,  $\text{Al}_2\text{O}_3$ ,  $\text{Fe}_2\text{O}_3$ ,  $\text{In}_2\text{O}_3$ ,  $\text{SnO}_2$ ,  $\text{ZrO}_2$ ,  $\text{B}_2\text{O}_3$  and/or  $\text{TiO}_2$ . The hydrophobic substance is preferably chemically combined with the gel network. The hydrophobic substance preferably includes pre-condensed fluoroalkyl-silanes.